

BODY TREATMENTS

GOLDEN LINE GINGER BODY TREATMENT

Luxurious body treatment with 23 karat Gold, Ginger, Silk and other special body care ingredients. Firms and improves skin elasticity, has anti-cellulite effect and leaves the skin silky smooth and moisturized.

120€

CHOCOLATE BODY TREATMENT

Antistress body treatment based on natural Cacao combined with special slimming and firming actives. Fights orange-peel skin, firms and moisturizes while leaving a stress-free feeling.

85€

AFTER SUN BODY TREATMENT

Natural professional body treatment based on medicinal plants and herbs from ancient Greek and Mediterranean therapeutic tradition blended with a unique mixture of natural Mastic and citrus essential oils. Content of 98% natural origin.

90€

WAXING

Full legs	40€	Half leg	30€	Bikini	25€
Full bikini	45€	Back wax	15€	Arms	25€
Underarm	20€	Lip	10€	Chin	10€
Eyebrow	10€	Full face	30€		

MASSAGE

APHRODITE MASSAGE

Aphrodite was the goddess of beauty. A pleasant and relaxing massage which offers peace of mind. The massage commences with a gentle exfoliation with brown sugar and Shea Butter..

The movements are smooth and relaxing without too much pressure.

Oil: Combined with green tea oil or Almond essence.

Aimed at: Ideal for those in need of serenity and rejuvenation.

30' 60€ 45' 80€ 60' 85€

IVY MASSAGE

The goddess Ivy represented vitality and youth. The feeling of hot stones gliding on the skin with olive oil essence, which has moisturizing and emollient properties, leaves the skin silky smooth and provides a sense of wellness.

Oil: Combined with green tea

Aimed at: Ideal for those who need moments of calmness and rejuvenation.

30' 65€ 45' 85€ 60' 90€

POSEIDON MESSAGE

Poseidon was the god of the sea, water and air. A massage is based on pressure combined with lavender essence which is ideal for relieving sore muscles.

Oil: Lavender

Aimed at: Ideal for athletes or those who have severe body pain.

30' 70€ 45' 90€ 60' 100€

ANCIENT GREEK MASSAGE

Is a healing technique that is based on techniques supported by Hippocrates, the father of medicine.

Hippocrate's techniques were applied in wrestling schools in ancient Greece, in gyms by pedotribes (coaches in ancient greek palestras) and to patients in Asklipias that operated as healing centers. It is a healing that releases stress offering a deep sense of relaxation and wellness and at the same time brings us close to the ancient greek thought.

It combines "dry massage" with pressure and movement, following the brush that reinforces blood circulation to the back. Afterwards hot oil is applied with essential oils that is followed by a special massage using a unique suction method.

The oil is removed by a wooden scraper the "curry comb".

The treatment is completed with the "sadness rubbing" which is virtually a head massage during which the emission of "serotonin" is increased and the "cortisol" is decreased thus releasing sadness.

Oil: Virgin olive is used with the traditional way of cold pressing in combination with essential oils.

60' 125€

JUPITER MASSAGE

Jupiter was the most powerful and omnipotent god. This massage focuses on muscles with chronic problems therefore it demands deep tissue pressure.

Oil: Combined with herbal essence that has soothing properties.

Aimed at: Ideal for those suffering from chronic pain.

30' 75€ 45' 95€ 60' 110€

ASCLEPIUS MASSAGE

Asclepius was the god of medicine in ancient Greece.

This massage eliminates tension from the areas of the body where the most common problems arise (neck, shoulder, back, waist).

Oil: Combined with chamomile essence which relaxes tired muscles and restores their elasticity.

Aimed at: Those who have severe pain in the upper body.

40' 85€



SENSES
HOTEL SPA